

Primrose Spa



massage treatments

Sycuan Signature Massage

80 MINUTES / 110 MINUTES

Indulge in this customized massage utilizing aromatherapy, heated mitts and booties and a nourishing coconut hot oil hair and scalp treatment. Guaranteed to soothe the mind, body and spirit.

Sports Massage

50 MINUTES / 80 MINUTES / 110 MINUTES

This sports oriented treatment is designed to alleviate muscle tension and increase flexibility and range of motion for the avid golf or tennis player to help prepare you for your game or help you recover from it.

Relaxation Massage

50 MINUTES / 80 MINUTES / 110 MINUTES

This Swedish style massage uses long flowing strokes and lighter pressure to help reduce stress, increase circulation and create an overall sense of well-being.

Desert Stone Massage

80 MINUTES / 110 MINUTES

This soothing massage uses heated stones to allow muscles to relax through penetrating heat and relaxing massage technique.

Deep Tissue Massage

50 MINUTES / 80 MINUTES / 110 MINUTES

This specialized treatment uses deep pressure and varied massage techniques to allow deeper penetration into the muscles to help eliminate muscle tension, decrease any pain or discomfort and increase circulation.

Aromatherapy Massage

50 MINUTES / 80 MINUTES / 110 MINUTES

A personalized treatment using organic essential oils to address your specific needs. The result of this decadent treatment will leave you feeling restored, refreshed and renewed.

Couples Massage

50 MINUTES / 80 MINUTES / 110 MINUTES

Unwind side by side, each with your own personal therapist in the same private environment. Indulge in a massage of your choice from the list of services.

facial treatments

Sycuan Signature Facial

80 MINUTES / 110 MINUTES

This soothing result oriented facial is designed to induce relaxation while brightening the skin with the use of Alpha-Hydroxy acids. Also includes hand and foot massage with mitts and booties and a hydrating hot coconut oil hair and scalp treatment.

Anti-Aging Facial

50 MINUTES / 80 MINUTES

Turn back the hands of time with this facial designed to eliminate fine lines and wrinkles while improving skin quality and increasing cell turnover resulting in a tightening of the skin to reveal a fresher younger look.

Glycolic Facial Treatment

50 MINUTES

A buffered glycolic solution re-texturizes the skin and works to reverse the effects of sun damage, fine lines and wrinkles. For optimal results, weekly treatments are recommended.

Deep Pore Cleansing Facial

50 MINUTES

This basic facial is designed to provide a deep cleansing, eliminating clogged pores and reducing the size and appearance of them through manual exfoliation and extractions.

Blemish Control Facial

50 MINUTES

Whether you have an occasional blemish or a more active problem, this revolutionary product line will cleanse the skin, calm red areas and reduce the appearance and frequency of outbreaks.

Skin Lightening Treatment

50 MINUTES

Fight the affects of aging and sun damage caused hyper-pigmentation. This treatment meant to address any discoloration of the skin will lighten dark spots helping to balance the complexion for an overall healthy glow.

Gentleman's Face Treatment

50 MINUTES

This unique facial uses products designed specifically for men to help tighten and tone the skin while reducing redness and irritation from shaving, razor bumps and ingrown hair.

nail treatments

Spa Manicure

50 MINUTES

Treat your hands to warm coconut bath followed by and exfoliation of the hands and forearms. Next receive a body butter mask with a hot towel wrap and thorough massage of the hands and forearms. Also includes clipping and shaping of the nails, treatment of the cuticles and either a high buff shine or polish application. This treatment will leave your hands refreshed, soft and smooth.

Spa Pedicure

50 MINUTES

After soaking your feet in a warm coconut milk bath, the therapist will exfoliate your lower legs and feet using a tropical infused sugar rub. A body butter foot mask is then applied with a hot towel wrap. Also includes clipping and shaping of the nails, treatment of the cuticles and any rough areas or calluses, and either a high buff shine or polish application. Finishes with your choice of tropical moisturizer to leave your feet silky smooth.

Manicure

25 MINUTES

Basic manicure includes a soak of the hands, massage of the hands and forearms, clipping and shaping of the nails, treatment of the cuticles and either a high buff shine or polish application.

Pedicure

25 MINUTES

Basic pedicure includes a soak of the feet, massage of the lower leg and foot, clipping and shaping of the nails, treatment of the cuticles and either a high buff shine or polish application. Does not include any filing of the feet or treatment of rough or callused areas.

SPA HOURS OF OPERATION:

9am - 9pm daily

Advanced reservation required.

FOR RESERVATIONS:

619.219.6028

Primrose Spa



pricing

Massage Services	50min	80min	110min
SYCUAN SIGNATURE MASSAGE	-	\$125	\$155
SPORTS MASSAGE	\$85	\$115	\$145
RELAXATION MASSAGE	\$75	\$105	\$135
DESERT STONE MASSAGE	-	\$125	\$155
DEEP TISSUE MASSAGE	\$85	\$115	\$145
AROMATHERAPY MASSAGE	\$85	\$115	\$145
COUPLES MASSAGE	<i>Varies depending on service selected.</i>		

Skin Care Services	50min	80min	110min
SYCUAN SIGNATURE FACIAL	-	\$125	\$155
ANTI-AGING FACIAL	\$85	\$120	-
GLYCOLIC FACIAL TREATMENT	\$85	-	-
DEEP PORE CLEANSING FACIAL	\$75	-	-
BLEMISH CONTROL FACIAL	\$85	-	-
SKIN LIGHTENING TREATMENT	\$85	-	-
GENTLEMAN'S FACE TREATMENT	\$85	-	-

Nail Treatment	25min	50min
MANICURE	\$25	-
SPA MANICURE	-	\$45
PEDICURE	\$35	-
SPA PEDICURE	-	\$65

Hair Removal Services

BROW DESIGN	\$15
LIP OR CHIN	\$10
FULL FACE	\$35
UNDERARM	\$25
HALF ARM	\$25
FULL ARM	\$35
HALF LEG	\$45
FULL LEG	\$60
BIKINI	\$35
BRAZILIAN BIKINI	From \$50
MENS BACK OR CHEST	From \$50

reservations

YOUR SPA EXPERIENCE AT PRIMROSE SPA SHOULD BE AS UNHURRIED AND RELAXING AS POSSIBLE!

Therefore, we suggest that you arrive at least 15 minutes before your scheduled appointment time. If you are calling to schedule an appointment, please have your credit card ready to guarantee the reservation.

cancellations

The services and times you have selected will be reserved for you. Please notify Primrose Spa at least 24 hours in advance if you wish to cancel or reschedule. If you cancel less than 24 hours in advance of your scheduled appointment, you will be charged 50% of service value. If you cancel less than 4 hours, you will be charged 100% of service value.



Gratuities are not included in the price of treatment. Gratuity envelopes are available at the desk. Customary tipping is 18-20%.

Prices/Menu subject to change.
Gift cards available, Non-refundable.
No one under 18 years old allowed in Spa.

SPA HOURS OF OPERATION:

9am - 9pm daily
Advanced reservation required.

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